Burda Catalysts

OVERVIEW CATALYSTS TOPICS

		Topics	What to Expect
Essentials of Self-Leadership	Resilience	**Identifying Leadership Challenges** Navigate the complexities of modern leadership with skills designed for today's fast-evolving business landscape.	This course provides an in-depth exploration of contemporary leadership methodologies, styles, and strategies. Through self-assessment, foresight practices, and a focus on wellbeing, you will enhance your ability to motivate teams and lead effectively in dynamic environments.
		Self-Leadership Lead with authenticity and confidence by cultivating self-awareness and adaptive strategies.	This course empowers leaders to develop resilience, responsibility, and a clear leadership vision. By addressing personal growth barriers and aligning values with actions, you will build a compelling leadership identity that drives meaningful change for yourself and your team.
Essentials of Team-Leadership	Performance & Motivation	**Convincingly Setting Goals** Set clear, actionable goals that align with your values and drive success.	This course equips you with the skills to craft measurable objectives, overcome challenges, and stay focused on achieving personal and professional aspirations. Gain tools to transform ambitions into results through practical strategies and real-world insights.
		Developing and Promoting High-Performance Teams Unlock your team's potential with insights to foster collaboration, resilience, and excellence.	This course explores the foundations of high-performing teams, including shared goals, accountability, and communication. Using case studies and interactive exercises, you'll learn to identify strengths and implement strategies for continuous improvement.
	Communication	**Giving and Getting Impactful Feedback** Learn to give and receive feedback that drives growth, trust, and accountability.	This course provides practical tools for delivering constructive feedback with clarity and empathy while embracing feedback as a driver of personal and team development. Interactive exercises and reflective sessions help make feedback an integral part of your leadership practice.
		Shaping Relationships and Resolving Conflicts Strengthen professional relationships and resolve conflicts with confidence.	This course provides tools to enhance communication, foster empathy, and address interpersonal challenges constructively. Learn techniques for conflict resolution and create collaborative environments where mutual understanding and respect flourish.
	Transformation	**Shaping Communication in Transformation** Master the art of communication to lead effectively through change.	This course provides tools to deliver clear, empathetic messages that build stakeholder alignment during transformation. Develop narratives, foster understanding, and leverage communication as a key driver of positive change.
Essentials of Organisational Development	Bonus	**Delegating Effectively & Shaping Empowerment** Balance delegation with empowerment to build accountable, autonomous teams.	This course offers strategies for assigning tasks effectively, building trust, and providing constructive feedback. Learn to leverage team strengths and avoid common delegation pitfalls to drive optimal performance.
		Leading in the "New" Working World Adapt to the evolving workplace with strategies for flexibility, inclusivity, and resilience.	This course explores hybrid work models, multigenerational team dynamics, and antifragility—thriving amid uncertainty. Learn to design inclusive policies, foster collaboration, and build purpose-driven workplaces equipped for the future.
		Shaping Relationships and Resolving Conflicts Strengthen professional relationships and resolve conflicts with confidence.	This course provides tools to enhance communication, foster empathy, and address interpersonal challenges constructively. Learn techniques for conflict resolution and create collaborative environments where mutual understanding and respect flourish.
		Psychological Safety Foster trust and innovation by building a culture of psychological safety.	This course examines how psychological safety influences team performance, drawing from frameworks like Timothy R. Clark's Four Stages and real-world examples like Google's Project Aristotle. Learn actionable strategies to create open environments where collaboration and creativity thrive.